

The Triumph Of The Spirit:

**How To Make Great
Things Happen**

Dr. Robert L. Lawson
with foreword by
Harvey Alston

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THE TRIUMPH OF THE SPIRIT

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When The Spirit Touches Us

In every earnest life, there are weary flats to tread, with the heavens out of sight, no sun, no moon, and not a tint of light upon the path below; when the only guidance is the faith of brighter hours, and the secret Hand we are too numb and dark to feel. But to the meek and faithful it is not always so. Now and then, something touches the dull dream of sense and custom, and the desolation vanishes away; the spirit leaves its witness with us: the Divine realities come up from the past and straightway enter the present: the ear into which we poured our prayer is not deaf: the infinite eye to which we turned is not blind, but looks with answering mercy on us. The mystery of life amid the grievousness of death are gone: we know now little from the great, transient from the eternal ... these intermittent movements of the soul are the sign of Divine gifts, not of human weakness. God has so arranged the chronometry of our spirits that there shall be thousands of silent moments between the striking hours.

JAMES MARTINEAU

Dedication

To my wife, Shannon L. Lawson, without your love and support I could not go on.

To my three sons, Robert, James, and Michael. I love you unconditionally.

To my mother, Mary Irene Payne and to my deceased aunt, Nora Faye Lawson. The inspiration and love you have given me will be shared with others.

To my friends, Harvey Alston, Richard Holt, Aleta Mays, Ella Coleman, Patricia Wingard Carson and Henry Ford. Thank you for believing in me when no one else did. You captured the same vision and it is ours to share with the rest of the world.

Foreword

To be successful in life, one must be resolute and firm in will. This book by Dr. Lawson takes on the person of good will ambassadorship in its attempt to instill in the reader that when you reach a point where you no longer believe that you can succeed, then you must.

As a colleague, friend and mentor of Dr. Lawson's, I am thrilled to see this manuscript in print. Its contents will undoubtedly inspire millions to seek and find those spiritual truths that avail themselves to others as they reach higher levels of consciousness.

I have found as Dr. Lawson and I have worked together on various projects that our philosophies and spirits have become inextricably linked in our efforts to help others. I believe that this book is one of virtue's whetting stones for skillful living.

Through stories, analogies, poems, life experiences and a pragmatic philosophical tendency, Dr. Lawson demonstrates through his mastery of the English Language and his understanding of the spiritual essence of his being how others can move through life, obtaining the levels of success available to them in accordance with their own level of belief and understanding.

When individuals take the time to learn and then the time, energy and effort required to apply the practical concepts and ideas mentioned in this book to their lives, they will soon note a profound change in the quality of their lives as well as an enhanced opportunity to realize many of the goals, dreams and aspirations they have set for themselves.

This book takes the reader on an incredible journey of life's experiences filled with peaks and valleys that include

captivating snow covered mountains, barren deserts and disillusioning trenches. But, in the end you will enjoy seeing how others emerged victorious. You will come to understand with greater clarity the meaning of the triumph of the spirit and you will gain tremendous insights into what you must do to overcome the obstacles that lie in your path.

When you feel that tumultuous turning in the pit of your stomach, it will not be brought on by the turbulence you experience as you fly on a Boeing 747, nor will it be the freeness you feel spiraling downward from bunjee jumping. To be free, to really be free, what you will be experiencing when you read this book is the triumph of the spirit! There is greatness within you. Give it a chance to breath, give it a chance to live. If others can do it, you can do it! Let your spirit soar!

HARVEY ALSTON
Author of *Be The Best*

Introduction

Readers, I have a message just for you. As you explore the contents of this book, I'd like you to know that you are in my thoughts. Here's why. Perhaps, you have not yet reached the point where you have truly started to follow your purpose or your passion in life.

For some reason, I feel compelled to express my inner most thoughts to you at this time. Each day that God grants me his grace to live, I find myself discovering new truths about myself, the abilities with which he has endowed me and I never cease to be amazed.

When I first started writing, I was searching for fame and fortune but then suddenly something happened. Lives were touched by the books I had written. People both famous and non famous wrote letters, made phone calls to let me know how much they valued and appreciated my sharing the thoughts, ideas and life events that the holy creator has allowed me to experience.

To you, dear reader, no matter where you are in life, I believe that you have some desire, vision, purpose or passion. Right now, at this very moment, I am encouraging you and inviting you to pursue it. The reason why is simple. You are a person of significant worth and value. If you weren't you would not have chosen to read this book. It was not written for the faint hearted nor for those who have no desire to develop plans and follow through to achieve their greatest dreams and aspirations.

All of you have your own story to tell. Tell it because no one can tell it quite like you. You just as I, will be greatly surprised at the impact you will have on the lives of other people. Not only will reading this book inspire you to reach

for greater heights, and provide you with real life success stories and inspired writings, but it will also plant within you the desire to discover new truths and to reach out to others through your own writings, conversations and mechanisms you use in communicating with others.

I had no idea these changes were going to happen to me. They weren't planned. But then, I have discovered that some of the best things in life never are. They just happen. When they do and you are prepared to respond to them, your life dons an even more impressive quality. This exhilarating excitement that I feel has occurred as a result of numerous positive impacts and positive results. It's great to have validated that you in some small way are making a difference in your life and in the lives of others. With our world being in the current state that it is, your service as a spiritual ambassador for Christ is needed. You must reach out to others and in some way let them know that they too have innate talents, abilities and skills that can and should be used for the greater good of humanity. Children need you, youth need you, adults need you. Can you not hear their cries? Take up the cross then, yes, you accept the challenge to be a catalyst for positive change in your family, your community, or if God has given you a larger vision, I encourage you to accept it. I want to end this segment of the book with a powerful letter from a lady who read my first book. Perhaps then you can begin to sense the power that is within you. I have been given permission to use this letter and perhaps it will be of great encouragement to someone else.

Take the first step and make the decision now that you will become, if not already another positive change agent in our society. Don't worry about fame or fortune. Just do your small part. America needs you too much for a large ego to

stand between you and the service you can provide so that others can be empowered.

Dear Dr. Lawson,

"Thank You!" Thank you for your act of kindness, spiritual love, concern, and sharing your masterpiece, Destined for Greatness.

I began reading the contents of your book while doing some laundry for my son, and couldn't put it down.

The effects of being exposed to many assurances from your book, and in the shelter of God's love, gave me encouragement to go on.

God has always been the stronghold of my life. Trauma has shadowed over my shoulders like a repeat performance since I was a child.

Destined for Greatness has been one of the best gifts I've ever received, and thank you from the bottom of my heart. My assailant, a young black brother, didn't know when he gained entry into my home, violated me, and disturbed the peace within, that my riches, and awaited treasures were spiritual. There was less than two hundred dollars to be found. Instead, my life represented personal progress, harvested from inner spiritual growth, healed wounds from circumstances, strength and love from God.

Some twenty years ago, I was divorced, and became a single parent for two children whose ages were three, and five, this brought about a humble beginning.

I had to give much thought to the activities that were mine to do. There was the immediate need to purchase a home, an automobile, insurance to cover

certain assets, assume the dual responsibility to nurture two children, meet the expectations of God's requirements, work each day, maintain my sanity, and hope to accomplish goals.

I learned from trial and error, from experiences, praying, trusting, understanding and developing God's given talents.

And now, as I begin the new, and renew the familiar with enthusiasm and thanksgiving, I take the first crucial steps to walk again.

*With Sincere Appreciation,
Teresa G. Davis*